

Sutta (Discourse) Class

The Tipitaka, 3 Baskets (or divisions), identify the basic scripture or canon at the heart of Buddha's teachings. This Class will focus on the Sutta Pitaka as described below. For the purpose of knowledge we have included a summary of the 3 Pitakas (divisions) that make up the Tipitaka.

Vinaya Pitaka – Discipline Basket

The first basket, the Vinaya Pitaka, explains and analyzes the R and R's set forth for the monks and nuns to follow in their monastic life. The several hundred regulations are concerned with basic morality, but include details on robe-making, and other essentials for successful life in the sangha.



Sutta Pitaka – Discourse Basket

The second basket, the Sutta Pitaka, is a transcription the Buddha's sermons, verbal discourses and teachings to his disciples. There are 5 Nikayas (collections) that contain from down-to-earth practical meditation instructions all the way to most profound and difficult suttas with engaging stories full of human pathos and drama that illustrate important principles of the law of kamma.

Through discussion and reflection, we will approach these powerful teachings to spark wisdom and Enlightenment. This is not a lecture course; everyone is expected to participate in the discussion. The aim of our sutta study is not so much to attain an intellectual or academic comprehension of the texts, but to allow the teachings to permeate our hearts to realize the liberating potential in present times

Abhidhamma Pitaka – Philosophy Basket

The third basket, the Abhidhamma Pitaka, which means further or special teachings, is a systematic philosophical and sometimes "scientific" description of the nature of mind, matter and time.

Dhammpada Class



The Dhammapada, the Buddha's path to wisdom, is the best known and most widely esteemed text in the Sutta Pitaka of the Tipitaka. Short verses and stories serve as a guideline to right living.

Class and Course Fee

The teachings of Buddha are priceless and therefore no fee can be assigned. Bhante gives Dana by teaching us, and in the Buddhist tradition we also practice Dana by providing a monetary offer for this teaching. Dana is not payment for good or services, Dana is given from the heart to show your appreciation for this teaching.